

James “Bobo” Eason

2B Setter Lane Greenville, SC 29607

Phone 864-419-2397

Objective: To continue to provide exceptional health and fitness knowledge to all age and fitness level clients in a professional and safe environment.

Professional experience:

1992-1995 Greenville Athletic Club

- Personal training and nutrition consultation to all clients.

1996-1999 Downtown Nautilus

- Head personal trainer and mentor for all training staff.
- Trained 10-12 clients per day

1999-2004 Greenville Hospital System Life Center

- Personal trainer and nutrition consultant
- Trained 12 clients per day

2004-2013 Body By Bobo, Inc.

- Owner and CEO of fitness center
- Handled all financial operations
- Mentored all training and aerobic instructors in protocols and procedures for the facility

2013-present

- Freelance Trainer based out of Carolina Fitness
- Maintaining up to 14 clients per day

Accreditations:

- American Fitness Professionals Association
- National Federation for Personal Trainers

Professional accomplishments:

- National Physique Committee Judge
- Voted best personal trainer in the Upstate 1996-1998
- USA National and World Bodybuilding Champion
- Former State Bodybuilding and Power lifting Champion
- Proficient in weight loss, fitness and strength
- A trainer for all fitness and age levels
- Trainer of Champion Athletes like professional golfer, Jay Haas

References:

Clients: Ryan Beasley, Attorney

Wally Faysoo, Attorney

Pete Roe, Attorney

Ryan Montgomery, Attorney

Stephen Gardner, Neurosurgeon

Jim Jennings, Orthopedics